



IMG IGNITE 360

📍 Bradenton, Florida



PROJECT OVERVIEW

Science-based training facility developed by IMG Academy. Small group 1-hour sessions by certified trainers service diverse levels of athletes across four training lanes, with programming divided into Integrated, Dynamic and Performance sessions. Afterwards, athletes progress into the 'Infinity Program' focusing on continuous cycles of performance improvement results; based on stages of development and achievement. The facility is renowned for its performance progressions to safeguard athletes against injury in the core of balance, strength and movement.

